

A FREE Monthly Newsletter From Your Friends At FRANKS & RECHENBERG, P.C.

56 Right Guard

Michael Rechenberg



The Marian Central Catholic Football Team made it to the State Quarter Finals in Class 5A Football this year. The Hurricanes finished the season 11 – 1.

Michael Rechenberg, a sophomore, was moved up this season to play on the varsity squad. He earned the starting spot at right guard, played in every game, on every offensive play and even with a limp! He injured his ankle in the second playoff game play

Michael is listed at 5'11", 230 lbs., and he really enjoyed playing varsity this year. He hopes to rehab. his injured right ankle in the off season and be back starting next season.

DECEMBER EVENTS

FIRST DAY OF WINTER	DECEMBER 21
CHRISTMAS DAY	DECEMBER 25
NEW YEAR'S EVE	DECEMBER 31



Tell a Friend about "TidBits for Today"

We sincerely love sharing our monthly publication with all our good friends and clients who tell us how much they enjoy receiving our newsletter. Now you can give a FREE subscription to a close friend, family member, or co-worker simply by calling our office at **(847) 854-7700** and giving Marlo or Meghan the person's name and mailing address.

We will send them a welcome letter along with the first issue letting them know that you gave them a free subscription to our monthly "Tidbits for Today" publication. This is a wonderful idea to help your friends and loved ones enjoy the most out of life.

Fewer of us are driving to work solo

High gas prices may have accomplished what environmentalists could not: getting more people to stop driving to work alone.

The share of people driving alone to work has dropped in two-thirds of all 200 metro areas.

It's a small trend but a significant one. According to USA Today, in one third of metro areas more people are sharing the commute.

While ride sharing may be a response to high gas prices, there are some plus sides, says Eddie Caine, who heads the van pool program for Valley Metro, the Phoenix transportation agency.

Quoted in USA Today, Caine says "Once people try van pooling, they tend to enjoy not having the stress, saving money and making friends."

The American Public Transportation Association reported the sixth consecutive quarterly increase in ridership in the second quarter of 2012.

David N. Rechenberg settled a worker's compensation case for \$108,000.00 this month!
If you, a loved one or a friend are injured at work,
call today to get David Rechenberg working on your case! **(847) 854-7700.**

WORK NOTES
600,000 UNFILLED JOBS?
WORKERS WITH BASIC SKILLS ARE SCARCE



IN AN ERA OF UNEMPLOYMENT, AMERICAN MANUFACTURING COMPANIES ARE HAVING A HARD TIME FINDING WORKERS. THE HARD TRUTHS: CANDIDATES CAN'T PASS THE DRUG TEST, WON'T SHOW UP FOR WORK AND LACK OTHER BASIC SKILLS.

ACCORDING TO CONSULTANTS AT DELOITTE, MORE THAN 600,000 JOBS IN MANUFACTURING WENT UNFILLED IN 2011 AND THE PROBLEM WAS LESS ABOUT HIGH TECH SKILLS AND MORE ABOUT SIMPLE EMPLOYABILITY.

IN MANPOWER'S 2012 TALENT SHORTAGE SURVEY, NEARLY 20 PERCENT OF EMPLOYERS SAID APPLICANTS DON'T GET ALONG WITH OTHER EMPLOYEES AND AREN'T MOTIVATED TO GET THEIR WORK DONE.

IN OFFICES, EMPLOYEES MUST HAVE AN ELEMENTARY COMMAND OF THE ENGLISH LANGUAGE, BUT MANY DO NOT. THEY LACK BASIC SKILLS, LIKE GRAMMAR AND SPELLING.

ABSENCE OF WORK ETHIC IS ANOTHER PROBLEM. IN NEW YORK, THE EMPIRE MANUFACTURING SURVEY OF 2012 SHOWS THAT IT'S HARDER TO FIND PEOPLE WHO WILL COME TO WORK ON TIME AND WHO CAN BE DEPENDED UPON TO BE AT WORK EVERY DAY, WHICH COULD BE ONE REASON THAT THE STATE'S UNEMPLOYMENT RATE IS FOUR POINTS HIGHER THAN IT WAS IN THE 2007 SURVEY.

EXPERTS QUOTED IN THE WALL STREET JOURNAL SAY THE CAUSES OF THESE PROBLEMS INCLUDE INADEQUATE EDUCATION AT THE K-12 LEVEL AND THE COLLAPSE OF FAMILIES.



For 2012, you can increase a contribution to your 401(k) before your last paycheck



The federal maximum contribution to a 401(k) is \$17,000 for 2012 (\$22,500 if you are 50 or older).

Some employers let you contribute a year-end bonus to your 401(k) if you designate the money before the last check is written.

Most allow plan participants to change the amount for their 401(k) at any time, which leaves you a small window to increase your contribution.

**Know a friend who was arrested for DUI? Offer them great advice!
Tell them to call David Franks at (847) 854-7700 NOW!**

www.McHenryCountyDUILawyer.com

More people enjoy outdoor adventures

Greater numbers of North Americans are heading outdoors to hunt and fish for the fun of it.

Eleven percent more Americans, ages 16 and older, fished, and nine percent more hunters were in the field and wilds in 2011, according to a new five-year survey by the U.S. Fish and Wildlife Service. The higher numbers reverse a two-decade-long decline.

Higher participation numbers aren't due to population growth. The Fish and Wildlife Service's Director, Dan Ashe, says there is a growing realization that doing things outdoors is healthy.

Southwick Associates, a Florida firm that tracks the industry, noticed a rise in hunting and fishing licenses three years ago. They think more people want to do what they did growing up.

A softening of regulations by about three dozen states since 2004 is another factor in the increase, according to the National Wild Turkey Foundation. Reported in USA Today, the foundation's Tom Hughes says more states offer apprentice licenses that don't require hunting education for beginners who are accompanied by licensed hunters.

Urban fishing programs, targeting young people, and outreach efforts by state agencies, have increased, according to the Kentucky Department of Fish and Wildlife Resources. They are luring youngsters away from their computers and bringing them outside to fish.



Fashion, function are part of football gloves' success



his season, Nike outfitted all 32 NFL teams with gloves as part of their uniforms, making Nike the leader with 56 percent of all gloves sold, followed by Under Armour and Cutter.

NFL players say gloves protect their hands and improve ball handling. Gloves also look good on television.

Kids want gloves too and hope to look like their favorite players. One elementary school coach recommends his players use gloves. He coaches 5th graders, but the advice is the same for the 4th grade team.

In the NFL, gloves are tailored for players in different positions. Those for receivers and corner backs are light weight and tackified.

Gloves for linemen can be reinforced to keep fingers and thumbs from being hyperextended.

Do you have a friend who was injured in a car crash, hurt at a construction site, or injured as a result of a defective product? Are they wondering how to hire a personal injury attorney, and what questions to ask? Give that friend great advice. Ask them to order the FREE audio CD "How to Choose an Illinois Personal Injury Attorney" by calling (847) 854-7700.

You can also order one for yourself or one to hand out to family and friends.

Food service injury facts



In 2008, there were 6.2 million food and beverage service workers. That number included a half million bartenders and 2.3 million servers.

From 2003 to 2008, 141 workers were fatally injured on the job, mostly from crime. There were 26,870 nonfatal injuries, according to the Bureau of Labor Statistics.

The number of food service workers could increase 10 percent by 2018.



Everyone wants to be a movie star!

How would you like to be featured on our website?

We invite our clients to make a video testimonial to be used on our website. This is your chance to be famous, or at least use up one or two minutes of your fifteen minutes of fame. It is your chance to ham it up in front of the camera, if you like. It will only take a few minutes of your time. Call the office to schedule a convenient time to shoot your video, and be a star!

How to solve sudoku puzzles

To solve a Sudoku, you only need logic and patience. No math is required.

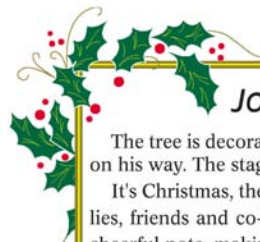
Simply make sure that each 3x3 square region has a number 1 through 9 with only one occurrence of each number.

Each column and row of the large grid must have only one instance of the numbers 1 through 9.

The difficulty rating on this puzzle is easy.

Holiday Sudoku

								2
6				8			7	5
	4	8			7	6		3
4			9			3		
9			4	7	3			8
		6			5			4
2		1	7			8	4	
7	6			5				9
3								



Joy to the world

The tree is decorated, the evergreens are hung and Santa is on his way. The stage is set for the annual event.

It's Christmas, the big holiday that helps us enjoy our families, friends and co-workers. And it helps us end 2012 on a cheerful note, making way for the new year ahead.

The true spirit of Christmas includes a dedication to helping those in need. It includes giving hope to others and spreading peace and understanding.

As we enjoy the traditions of this holiday, we are grateful for the men and women of our Armed Forces who are working to defend freedom, secure our homeland, and advance peace and safety on earth.

This Christmas, may we give thanks for the blessings of our nation and in each of our lives.

Now, I take this opportunity to express my appreciation for everyone who works with us and for your very significant contributions in the year just ending.

May the joy of the holidays renew our commitment to working together for a future of opportunity, peace and success.



INJURED ON THE JOB? Need to get your bills PAID? Wondering how the new Worker's Compensation Law will affect your case? Want to know what your case is worth? CALL David N. Rechenberg at (847) 854-7700 for answers to your questions and so he can start working on your case!

www.IllinoisWorkInjuryLawyer.com

Speaking of Safety
Safety in the Office



Accidents do happen in the office. Few office workers realize that they are twice as likely to be injured in a fall as a non-office worker. Nationally, only automobile accidents outnumber falls as the leading cause of all accidents.

Slips, trips and falls

- * Don't lean back in your chair. Take time to reach out and hold on to the chair as you sit down. Be sure it's beneath you.

- * Keep the floor and walkway clear of cords, cables and boxes. They are tripping hazards.

- * Watch for slippery surfaces. Spilled drinks or water from umbrellas are hazards and should be cleaned up.

- * Avoid blocking your view by carrying loads higher than eye level. Don't read while walking.

- * Never climb on chairs, desks or boxes. Use a step ladder instead.

Safe lifting

Back injuries are a leading cause of missed work days in offices. It's important to know the right way to lift and carry objects. Before moving office equipment or lifting a heavy carton, remember these standard lifting instructions:

- * First, use common sense. When you know the item you want to move or lift is heavy, get someone to help you.

- * If you think it's heavy but not too heavy for you to lift, do it right: Bend at the knees to lower your body, not at the waist. Keep the object as close to your body as possible. Once you have a firm grip, raise your head up first. Never try to stand up fast. Take your time and avoid jerking or twisting motions.

An advertisement for Franks & Rechenberg, P.C. The top left shows a construction worker in a yellow hard hat and blue work clothes, looking up at a ceiling. The rest of the ad is on a dark red background with white and yellow text. It includes the firm's name, website, phone numbers, and address. A small icon of a scale of justice is in the bottom right corner.

Franks & Rechenberg, P.C.
www.IllinoisWorkInjuryLawyer.com
847 854-7700
Call for your free work injury special report! **800 968-0568**
1301 Pyott Road, Suite 200
Lake in the Hills, Illinois 60156

Who believes in Santa Claus?

It's a silly question, but like the Chinese proverb says, "He who asks a question is a fool for five minutes; he who doesn't ask remains a fool forever."

To some extent, everyone believes. Otherwise why is his picture in stores, on buses and in newspapers? That's not just another silly question, just ask him the next time you see Santa in a mall or outside ringing a bell.

He brings the fun and the surprises of Christmas. Santa's image enriches the season with love, charity and the joy of Christmas cookies. He emphasizes the spirit of Christmas in many ways. Who could argue with that? It's another silly question, but ...

An advertisement for Franks & Rechenberg, P.C. It features a stylized logo with the letters 'FR' in a red circle, set against a black and yellow curved background. Below the logo is the firm's name, 'Attorneys at Law', and their contact information.

FR
Driven to Defend Those Accused of DUI
Franks & Rechenberg, P.C.
Attorneys at Law
1301 Pyott Road, Suite 200
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Phone: 847.854.7700
Experience Counts. Results Matter.

ARRESTED FOR A CRIME? Don't know where to turn?
Help is just a phone call away ! Call David B. Franks at 847.854.7700!

First Nights proliferate across the United State and Canada

First Night is an artistic and cultural celebration on New Year's Eve, taking place from afternoon until midnight. Some cities have all their events during the celebration outside, but some cities have events that are hosted indoors.

They celebrate the community's local culture, often featuring music, dance, comedy, art and more.

First Night began in Boston in 1976 by a small group of artists who sought an alternative way of celebrating New Year's Eve, creating an event where the consumption of alcohol is banned. By 2006 more than a million visitors were in attendance.

The First Night model continues to evolve and thrive as a positive, family friendly force in the arts throughout the United States and Canada.

Those attending often bring their children. But if the event is held over many hours, it may not be wise to bring little ones.



**Involve your children in holiday preparations
What kids want:
just to be with you**

So-called quality time is nice, like taking your child to the zoo, but the truth is that kids don't really want quality time, they just want time, your time and lots of it.

A report by A.C. Nielson Co. shows parents spend 38.1 minutes a week in meaningful conversation with their children. For working parents, those minutes can be hard to find.

Christmastime offers some great opportunities to interact with kids, who are enchanted by the celebration. Shopping, tree decorating, baking and table decorating, all offer time to interact with children.

Clifton Chadwick, a university education professor, says housework and car-pooling are important times to talk with kids. Parents can also establish a family meal and involve kids in food preparation and conversation.

Dads can make time, for instance, involving kids in any routine household activities such as washing the car or making repairs.

As children grow and have homework, sports, friends and activities, established family activities can keep relationships warm.

Injured on the Job?
Order this **FREE BOOK**
"Everything You Wanted to Know About Recovering Money in Your Illinois Worker's Compensation Case"
Call and Order this Free Book to Learn The Nine Mistakes that Could Ruin Your Illinois Worker's Compensation Case
Call **847-854-7700** and request this FREE book
Written by Attorney David N. Rechenberg, or
Visit the web site of **FRANKS & RECHENBERG, P.C.** at **www.FnRlaw.com**
Book not available free for attorneys or insurance company employees.
It may be ordered for \$16.95 plus shipping at www.amazon.com



**SPEEDING TICKETS OR OTHER MOVING VIOLATIONS?
YOU NEED DAVID B. FRANKS ON YOUR SIDE!**

www.IllinoisTrafficTicketDefenseCenter.com

THE COOKIN' CORNER... for December

Sweet potato casserole

1 40-ounce can sweet potatoes or 2 1/2 pounds cooked fresh sweet potatoes
1/4 cup milk
1/2 cup butter or margarine, melted and cooled
3/4 cup sugar
2 eggs
1 tablespoon vanilla extract
1 cup brown sugar
1/2 cup flour
1/3 cup butter or margarine, chilled
1 cup walnuts or pecans, chopped

With a potato masher or food processor, puree sweet potatoes. Add milk, melted butter, sugar, eggs and vanilla extract.

In another bowl, (for the topping) stir together the brown sugar and flour. Slice chilled butter into the brown sugar mixture. With your fingers or a pastry blender, blend in the butter until the mixture is crumbly and evenly mixed. Stir in chopped nuts.

Spread the sweet potato mixture in a greased or spray-coated baking dish and distribute the crumbles over it. Bake at 350 degrees for 25 to 30 minutes.

If baked, you can store the dish for 4 to 6 days in the refrigerator or 2 to 3 months in the freezer.

To freeze the ingredients, place the sweet potato mixture in a one-gallon freezer bag and the topping in a quart size freezer bag, and freeze. Store the bags for 2 to 4 days in the refrigerator or 2 to 3 months in the freezer.

If you limit sugar in your diet, reduce the white sugar to 1/2 cup and the brown sugar to 3/4, or substitute Splenda for part of the sugar.

Congratulations To Our Client Of The Month!

Every month, we choose a very SPECIAL client. It's our way of acknowledging our great clients and saying thanks to those who support our firm by telling others about us.

This month's Client of the Month is **Bart Gaffney**. We're treating **Bart** and his wife to popcorn and the movies! Enjoy the show.

Call for FREE! Special Reports on DUI & Criminal Defense 847-854-7700

DUI? Speeding ticket or other moving violation? Revoked or Suspended License? We Can Help!

CALL The Illinois Traffic Ticket Defense Center 847.854.7700

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FRANKS & RECHENBERG, P.C. Attorneys at Law Conveniently Located in Lake in the Hills. IllinoisTrafficTicketDefenseCenter.com

FRANKS & RECHENBERG, P.C. ATTORNEYS AT LAW 1301 PHOENIX ROAD, SUITE 200 LAKE IN THE HILLS, ILLINOIS 60156 847.854.7700 Experience Counts. Results Matter.

TESTIMONIAL

David B. Franks has represented me in two matters and I have let family and friends know what a fine, outstanding job he did. David understands we are having a hard time just being arrested for DUI. He showed concern in my case, very trustworthy about everything I was going through. He always kept me up-to-date about my case, either by phone or letter.

He obtained a favorable result for me on my DUI case.

I would recommend David to my family and friends if they are ever arrested for a DUI. I will always have David as my attorney.

Mike B., Wauconda, Illinois



Mission Statement

It is the mission of Franks & Rechenberg, P.C. to continuously earn our reputation as a pre-eminent local law firm by always providing our clients with responsive, zealous, cost-effective and highly competent legal service and representation, in a professional, courteous and respectful manner.

www.FnRLaw.com

Involved in an automobile accident and the Insurance Adjuster is asking to take your recorded statement and requesting you to sign an authorization? Find out what to do by ordering our free Audio CD and learn the 7 questions you must ask the Claims Adjuster when he calls demanding answers from you! Call (847) 854-7700 to get your free CD today.

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Do you have a
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Franks &
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your contacts using
your bar code
scanner application!



What's Inside?

- 1. #56 Right Guard, Michael Rechenberg..... (Pg 1)
- 2. 600,000 Unfilled Jobs..... (Pg 2)
- 3. Outdoor Adventures..... (Pg 3)
- 4. Holiday Sudoku..... (Pg 4)
- 5. Santa Claus..... (Pg 5)
- 6. First Nights..... (Pg 6)
- 7. Sweet Potato Recipe..... (Pg 7)
- 8. Client of the Month! (Pg 7)

**The Answers To These And Many Other
Questions Are Inside The October 2012 Issue!**

